

Meeting Summary Tuesday, October 25th 2022, 1:00-2:30 pm

Kansas Food Bank Sunderland Foundation Volunteer Center (entrance at southeast corner of building) 1919 E Douglas Ave

<u>Our mission:</u> Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

18 people attended. We welcomed two first time attendees and four students!

1. Coalition Updates

- a. Food and Farm Council Update On 10/12, the Sedgwick County Commission adopted the resolution for the Food & Farm Council. The City of Wichita council approved the 2nd ordinance reading of the Food & Farm Council on Oct. 18. Next steps the city and county will have the Council listed on their website and residents can apply to serve on the council. It is a 14-member board but to ensure all areas of the food system are included, committees around each of the three goal areas will be formed. If you want additional information, email Shelley for a two page summary.
- b. Walktober 140 participants have registered this year. Bike Walk Wichita has hosted weekly walks. parkrun is averaging over 60 participants each Saturday. WSU hosted the annual 5k Pumpkin Run and had 600+ participants!
- c. Coalition Assessment 40-50 individuals filled out the Coalition Assessment. If you did, THANK YOU. Encouraged attendees to attend the November Strategic Planning session.

2. Networking/Good News/Upcoming Activities/Events

- a. Salvation Army announcements
 - Coats, blankets and warm weather clothing is being distributed at each site with 20,000 more coats to distribute! Contact <u>Nancy Powers</u> if you want to distribute coats to your clients.
- b. Patty Stuever with Wichita Public Schools promoted their annual Turkey Drive to benefit the United Methodist Open Door. In 2019, 2,800 turkeys were donated. The event was canceled in 2020, in 2021, 400 turkeys were donated. Reach out to a Kindergarden 12th grade student that you know and support this drive.
- c. Patty will also be hosting a Gratitude workshop the first Saturday in December.
- d. Ascension Living Hope serves low-income, 55+ community members.
- e. Kansas Legal Services was connected to the Sedgwick County Health Department as a housing health issue resource.
- f. <u>Club Parkinson's</u> was referred to the HWC by the United Way. Their program is hosted at the Heskett Center.
- g. <u>Lea</u> promoted EMPAC's free mental health counseling services. At their annual meeting, she learned that staff conducted 2,000 more hours of clinical counseling over the past year. Their services are statewide.
- h. <u>Angela</u>, formerly with the American Heart Association is now helping organizations market their services in the community through her new company, Dot Strategies.

3. Call to Action

- a. Did you know the Health & Wellness has a Healthy Food Donation resource?
- b. Support the Kansas Food Bank or your local pantry with a healthy food donation, a monetary donation, or by donating your time through volunteering.

- 4. Kansas Food Bank Service Project & Meeting Host Spotlight
 - a. As a service project, following the meeting, members packed Food 4 Kids packs. Jillian, the volunteer coordinator, commented that this group really got going quickly in working together. She said that usually happens when the volunteers are a team that works together all the time! They appreciated our work and passion!
 - Melissa, the volunteer coordinator at the Kansas Food Bank shared two stories from the Food 4 Kids program:
 - i. A new family was recently added to the program because the parents of 6 kids were deported and the children are now living with a family member who also has 6 kids.
 - ii. An elementary student hoards food and takes bites out of his textbooks.
 - c. Melissa encouraged each one of us to get a group of 1-20 individuals to volunteer at the Kansas Food Bank. Ages 8+ and close toed shoes are the only requirements. Call **(316) 265-3663** to schedule a larger group.
 - d. Ken, Special Projects Coordinator, shared that the KFB serves 85 of the 105 counties in Kansas. 77,000 square miles of food assistance with 200 partner pantries. They work with 700 agencies across the state to deliver 1.9 million pounds of food. Their entire warehouse of food storage turns over in 21 days.

Remaining 2022 Meetings:

November 29th - 1-3pm Special 2 Hour meeting discussing Coalition results** Note the new date!

December 27th - Meeting canceled - enjoy your holidays

